

Morning Prayer on Monday
Monday, 1 June 2020
The Visit of the Blessed Virgin Mary to Elizabeth

Preparation

O Lord, open our lips

All: and our mouth shall proclaim your praise.

One or more of the following is said or sung:

A Hymn of Psalm 85

A Song of God's Compassion

1The Lord is full of compassion and mercy, ♦
slow to anger and of great kindness.

**2He will not always accuse us, ♦
neither will he keep his anger for ever.**

3He has not dealt with us according to our sins, ♦
nor rewarded us according to our wickedness.

**4For as the heavens are high above the earth, ♦
so great is his mercy upon those who fear him.**

5As far as the east is from the west, ♦
so far has he set our sins from us.

**6As a father has compassion on his children, ♦
so is the Lord merciful towards those who fear him.**

7For he knows of what we are made; ♦
he remembers that we are but dust.

**8Our days are but as grass; ♦
we flourish as a flower of the field;**

9For as soon as the wind goes over it, it is gone, ♦
and its place shall know it no more.

**10But the merciful goodness of the Lord is from of old
and endures for ever on those who fear him, ♦
and his righteousness on children's children;**

11On those who keep his covenant ♦
and remember his commandments to do them.

Psalm 103.8-18

**All: Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

This opening prayer may be said

The night has passed, and the day lies open before us;
let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day,
so may the light of your presence, O God,
set our hearts on fire with love for you;
now and for ever.

All: Amen

The Word of God

Psalmody

The appointed psalmody is said.

Psalm 85

Refrain: **Show us your mercy, O Lord.**

1 Lord, you were gracious to your land; ♦
you restored the fortunes of Jacob.

**2 You forgave the offence of your people ♦
and covered all their sins.**

3 You laid aside all your fury ♦
and turned from your wrathful indignation. R

**4 Restore us again, O God our Saviour, ♦
and let your anger cease from us.**

5 Will you be displeased with us for ever? ♦
Will you stretch out your wrath from one generation to another?

**6 Will you not give us life again, ♦
that your people may rejoice in you?**

7 Show us your mercy, O Lord, ♦
and grant us your salvation. R

**8 I will listen to what the Lord God will say, ♦
for he shall speak peace to his people and to the faithful,
that they turn not again to folly.**

9 Truly, his salvation is near to those who fear him, ♦
that his glory may dwell in our land. R

**10 Mercy and truth are met together, ♦
righteousness and peace have kissed each other;**

11 Truth shall spring up from the earth ♦
and righteousness look down from heaven.

**12 The Lord will indeed give all that is good, ♦
and our land will yield its increase.**

13 Righteousness shall go before him ♦
and direct his steps in the way.

Refrain: **Show us your mercy, O Lord.**

Most holy God,
when we come to you fearing that
truth condemns us,
show us that truth is one with love
in your Word made flesh,
our Saviour Jesus Christ.

Psalm 150

Refrain: **Let everything that has breath praise the Lord.**

1 Alleluia.
O praise God in his holiness; ♦
praise him in the firmament of his power.

**2 Praise him for his mighty acts; ♦
praise him according to his excellent greatness. R**

3 Praise him with the blast of the trumpet; ♦
praise him upon the harp and lyre.

**4 Praise him with timbrel and dances; ♦
praise him upon the strings and pipe. R**

5 Praise him with ringing cymbals; ♦
praise him upon the clashing cymbals.

**6 Let everything that has breath ♦
praise the Lord.
Alleluia.**

Refrain: **Let everything that has breath praise the Lord.**

God of life and love,
whose Son was victorious over sin and death,
make us alive with his life,
that the whole world may resound with your praise;
through Jesus Christ our Lord.

Each psalm or group of psalms may end with

**All: Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

If there are two Scripture readings, the first may be read here, or both may be read after the canticle.

Canticle

The following, or another suitable canticle, may be said or sung

Refrain:

**All: Send Wisdom forth from your holy heavens;
from the throne of your glory
send what is pleasing to you.**

1 God of our ancestors and Lord of mercy, ◆
you have made all things by your word.

**2 By your wisdom you have formed us ◆
to have dominion over the creatures you have made;**

3 To rule the world in holiness and righteousness ◆
and to pronounce judgement in uprightness of soul.

**4 Give us the Wisdom that sits by your throne; ◆
do not reject us from among your servants,**

5 For we are your servants, ◆
with little understanding of judgement and laws.

**6 Even one who is perfect among us ◆
will be regarded as nothing
without the wisdom that comes from you.**

7 With you is Wisdom, she who knows your works, ◆
and was present when you made the world.

**8 She understands what is pleasing in your sight ◆
and what is right according to your commandments.**

9 Send her forth from the holy heavens, ◆
from the throne of your glory send her.

**10 That she may labour at our side ♦
and that we may learn what is pleasing to you.**

11 For she knows and understands all things, ♦
she will guide us wisely in our actions
and guard us with her glory.

Wisdom 9.1-5a,c, 6, 9-11

**All: Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

**All: Send Wisdom forth from your holy heavens;
from the throne of your glory
send what is pleasing to you.**

Scripture Reading

One or more readings appointed for the day are read.

The reading(s) may be followed by a time of silence.

Mark 3.31-35

Then his mother and his brothers came; and standing outside, they sent to him and called him. A crowd was sitting around him; and they said to him, 'Your mother and your brothers and sisters are outside, asking for you.' And he replied, 'Who are my mother and my brothers?' And looking at those who sat around him, he said, 'Here are my mother and my brothers! Whoever does the will of God is my brother and sister and mother.'

A suitable song or chant, or a responsory in this or another form, may follow

Trust in the Lord with all your heart;
and be not wise in your own sight.

**All: Trust in the Lord with all your heart;
and be not wise in your own sight.**

In all your ways acknowledge him
and he will make straight your paths.

All: Trust in the Lord with all your heart.

Glory to the Father and to the Son and to the Holy Spirit.

**All: Trust in the Lord with all your heart;
and be not wise in your own sight.**

from Proverbs 3

Gospel Canticle

The Benedictus (The Song of Zechariah) is normally said,

Refrain:

All: In the womb of Mary, you found a dwelling place on earth,

**O Christ;
remain for ever in our hearts.**

**1Blessed be the Lord the God of Israel, ♦
who has come to his people and set them free.**

**2He has raised up for us a mighty Saviour, ♦
born of the house of his servant David.**

**3Through his holy prophets God promised of old ♦
to save us from our enemies,
from the hands of all that hate us,**

**4To show mercy to our ancestors, ♦
and to remember his holy covenant.**

**5This was the oath God swore to our father Abraham: ♦
to set us free from the hands of our enemies,**

**6Free to worship him without fear, ♦
holy and righteous in his sight
all the days of our life.**

**7And you, child, shall be called the prophet of the Most High, ♦
for you will go before the Lord to prepare his way,**

**8To give his people knowledge of salvation ♦
by the forgiveness of all their sins.**

**9In the tender compassion of our God ♦
the dawn from on high shall break upon us,**

**10To shine on those who dwell in darkness and the shadow of death, ♦
and to guide our feet into the way of peace.**

Luke 1.68-79

**All: Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

Refrain:

**All: In the womb of Mary, you found a dwelling place on earth,
O Christ;
remain for ever in our hearts.**

Prayers – written by our Reader, Jackie Cook

To the bidding Spirit of God, please respond “come into our prayer bringing your blessing and peace”

Spirit of God come into our prayers as we pray for healing in the wounds of the world
Draw close to your hurting world as we pray for your people grieving through anger and frustration.
Grieving from being powerless and grieving because they have no voice. Holy Spirit come and help
us to be their hope.

Spirit of God

come into our prayer bringing your blessing and peace

Give world leaders and all in authority ears to hear the call for justice. In these challenging times
they replace past divisions that have suffocate your love: through your guidance they begin to feed
people with deeds purified by the Holy Spirit. Bring to you our own PM and Government, all MPs.
May all have a clearer understanding of your wisdom that helps them encourage complete trust.

Spirit of God

come into our prayer bringing your blessing and peace

We lift to you places that separate us from you and each other. Give thanks for those who step in
when we cannot. Help us to use wisely all the gifts you give us. Direct all your people in the ways
that transforms lives into a radiance of your light.

Spirit of God

come into our prayer bring your blessing and peace

Come Spirit of God as we lift to you those who carry heavy burdens of illness from this virus and
other conditions. God of many voices give them courage and patience in all sufferings they bear.
May they know you bring understanding in their battles that releases the painful experiences.

Spirit of God

come into our prayer bring your blessing and peace

May those mourning the loss of loved ones, find their way to put their trust in you. May their souls
rest in peace and rise in glory. Teach us the language of unity that bring us to share in the loss.

Spirit of God

come into our prayer bringing your blessing and peace

We pray for Elizabeth our Queen, and our Bishops Graham Johnathan and Alan. We especially ask
your blessing upon Gerry, Dave and all at St Mary's Church and all within Watton Churches Together.
We give thanks you inspire and soar us to be messengers of challenge and compassion.

Spirit of God

come into our prayer bringing your blessing and peace

Holy Spirit full of power and wisdom, fill this struggling world with flames of your love, hope and
peace today and in all our tomorrows. **Amen**

Silence may be kept.

The Collect of the day is said

Mighty God,
by whose grace Elizabeth rejoiced with Mary
and greeted her as the mother of the Lord:
look with favour on your lowly servants
that, with Mary, we may magnify your holy name
and rejoice to acclaim her Son our Saviour,
who is alive and reigns with you,

in the unity of the Holy Spirit,
one God, now and for ever.

All: Amen.

The Lord's Prayer is said

Let us pray with confidence as our Saviour has taught us

**All: Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

The Conclusion

The Lord bless us, and preserve us from all evil,
and keep us in eternal life.

All: Amen.

Let us bless the Lord.

All: Thanks be to God.