

The Quiet Place

When Jesus travelled far and wide, he was still able to take time to speak to the Lord. He would walk to a quiet spot, just a little way from the disciples, where he could be alone.

*¹⁶ But Jesus often withdrew to lonely places and prayed.
- Luke 5:16 (NIV)*

In this busy ever changing world where everyday life can be frustrating and challenging to us all, having that 'quiet place' feels more important.

Most people have that one place where it is comfortable for them, so that they may relax and clear their heads. Whether they speak in their minds or out loud, all is acceptable.

Where is your quiet place when you want to talk to God? Is it outside in the fresh air, where all you can hear are the birds singing and the cool breeze blowing; or do you prefer to stay inside?

I have a few places, weather permitting, that I like to go to and sit. Often near the sea or, sometimes, even a flowing river.

I have had many people say to me that the beach is where they love to go and sit and think about things that are happening in their everyday life and even to speak to the Lord when they need his special guidance.

Just listening to the sound of the sea and looking at the cool blue colours with the formation of white frothy bubbles spreading out towards the sand. This helps to clear my mind and clarify the thoughts in my head. Making way for me to speak to God.

I often wonder if one of Jesus's quiet places was by the sea or a river.

What enters your mind when you think about a 'quiet place'?



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