

St Mary's Church,  
Watton



Prayer Booklet

### Private Prayer Church opening times

The church is open for prayer at the same times as we would have been open for services or advertised prayer times.

You are welcome to come along, whilst practising the advised social distancing protocols, to light a candle or spend some time in private prayer.

Monday	<i>12noon—1.00pm</i>
Tuesday	<i>12noon—1.00pm</i>
Wednesday	<i>12noon—1.00pm</i>
Thursday	<i>12noon—1.00pm</i>



St Mary's Church would like to offer you the chance to pray along with us using these prayers, psalms and verses.

Please also note that the Sunday 10.00am Service will be live streamed via our youtube page, a link will be placed on our website and Facebook pages.



If you wish, you can access additional online resources daily at the following:

- You may like to use the “Pray as you Go” app:  
[www.pray-as-you-go.org](http://www.pray-as-you-go.org)
- See the website: [www.stmaryswatton.org](http://www.stmaryswatton.org)
- Find us on Facebook: **St Mary's Church Watton**
- See the Church of England online resources:  
[ww.churchofengland.org/more/media-centre/coronavirus-covid-19-liturgy-and-prayer-resources](http://ww.churchofengland.org/more/media-centre/coronavirus-covid-19-liturgy-and-prayer-resources)
- Daily Hope offers music, prayers and reflections as well as full worship services from the Church of England at the end of a telephone line 0800 804 8044



# Monday

## Matthew 11:28-30 New International Version (NIV)

“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.”

## Psalm 139

You have searched me, Lord,  
and you know me.  
You know when I sit and when I rise;  
you perceive my thoughts from afar.  
You discern my going out and my lying down;  
you are familiar with all my ways.  
Before a word is on my tongue  
you, Lord, know it completely.  
You hem me in behind and before,  
and you lay your hand upon me.  
Such knowledge is too wonderful for me,  
too lofty for me to attain.  
Where can I go from your Spirit?  
Where can I flee from your presence?  
If I go up to the heavens, you are there;  
if I make my bed in the depths, you are there.  
If I rise on the wings of the dawn,  
if I settle on the far side of the sea,  
even there your hand will guide me,  
your right hand will hold me fast.  
If I say, “Surely the darkness will hide me  
and the light become night around me,”  
even the darkness will not be dark to you;  
the night will shine like the day,  
for darkness is as light to you.

## The Lord's Prayer

Our Father who art in heaven,  
Hallowed by thy name  
Thy kingdom come  
Thy will be done  
On earth as it is in heaven  
Give us this day our daily bread  
And forgive us our trespasses as we forgive those who trespass  
against us  
And lead us not into temptation  
But deliver us from evil  
For thine is the kingdom  
The power and the glory  
For ever and ever  
Amen

### Prayer prompts:

*Please pray for*

- Everyone affected by Covid-19
- Those with relatives who live abroad
- All those who need to travel
- All involved in public transport & supportive industries
- For everyone seeking to bring release and relief

Keep us, good Lord,  
under the shadow of your mercy  
in this time of uncertainty and distress.  
Sustain and support the anxious and fearful,  
and lift up all who are brought low;  
that we may rejoice in your comfort  
knowing that nothing can separate us from your love  
in Christ Jesus our Lord.

Amen





# Tuesday

## Thessalonians 5:23-24

May God himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ. The one who calls you is faithful, and he will do it.

**Psalm 23** The LORD is my shepherd, I lack nothing.  
He makes me lie down in green pastures,  
he leads me beside quiet waters,  
he refreshes my soul.

He guides me along the right paths  
for his name's sake.  
Even though I walk  
through the darkest valley  
I will fear no evil,  
for you are with me;  
your rod and your staff,  
they comfort me.

You prepare a table before me  
in the presence of my enemies.  
You anoint my head with oil;  
my cup overflows.

Surely your goodness and love will follow me  
all the days of my life,  
and I will dwell in the house of the LORD  
forever.

## The Lord's Prayer

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Amen

### Prayer prompts:

*Please pray for*

- The government and all leaders trying to make decisions for the good of all and especially to support the vulnerable
- People of all ages
- All those who work in close proximity to others and whose jobs are threatened

Lord Jesus Christ,  
you taught us to love our neighbour,  
and to care for those in need  
as if we were caring for you.  
In this time of anxiety, give us strength  
to comfort the fearful, to tend the sick,  
and to assure the isolated  
of our love, and your love,  
for your name's sake.  
Amen





# Wednesday

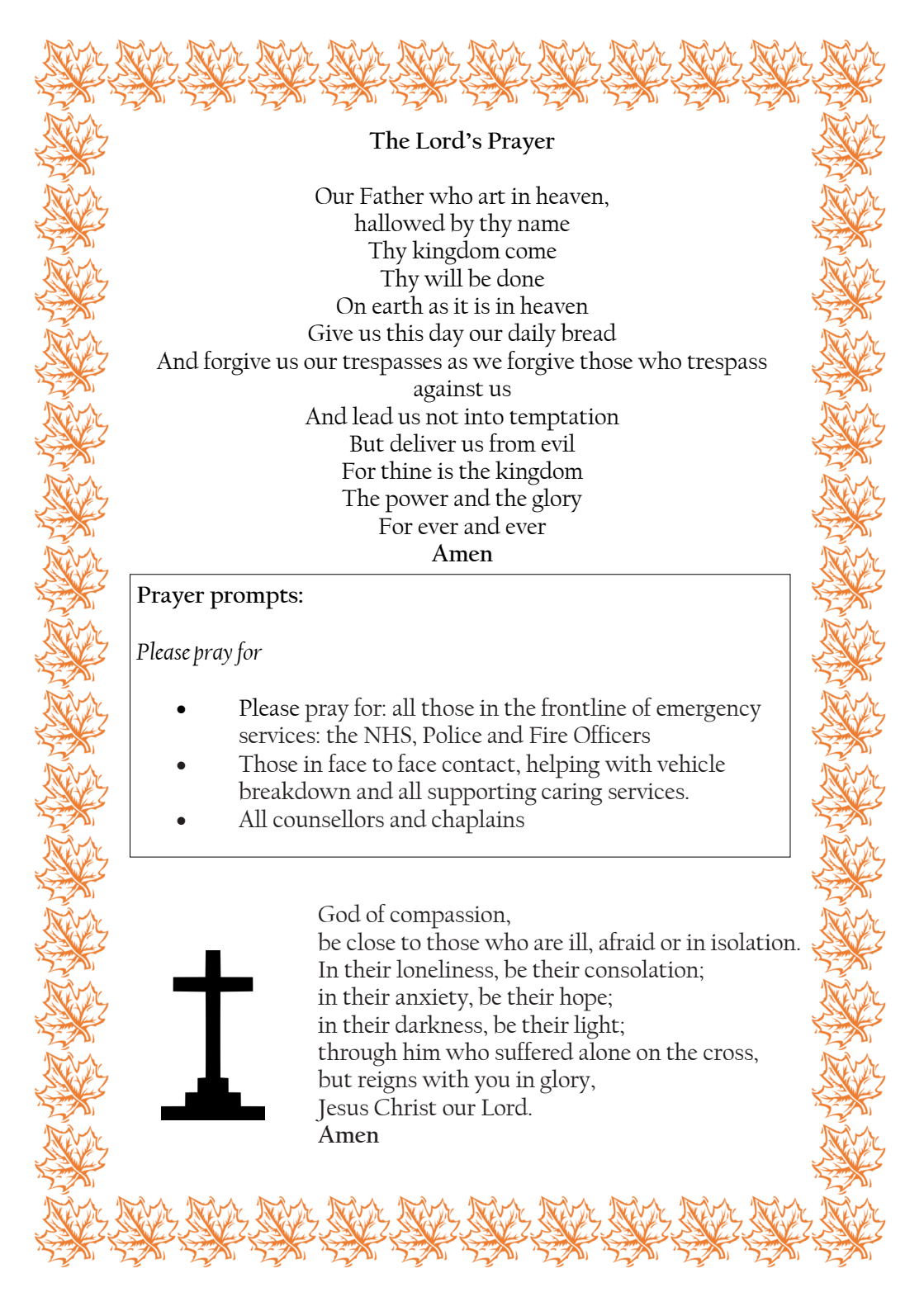
## John 14:1-6

'Do not let your hearts be troubled. Believe in God, believe also in me. In my Father's house there are many dwelling-places. If it were not so, would I have told you that I go to prepare a place for you? And if I go and prepare a place for you, I will come again and will take you to myself, so that where I am, there you may be also. And you know the way to the place where I am going.' Thomas said to him, 'Lord, we do not know where you are going. How can we know the way?' Jesus said to him, 'I am the way, and the truth, and the life. No one comes to the Father except through me.'

## Verses from Psalm 16 (The Message version)

Lord, I have chosen you alone as my inheritance.  
You are my prize, my pleasure, and my portion.  
I leave my destiny and its timing in your hands,  
Your pleasant path leads me to pleasant places.  
I'm overwhelmed by the privileges  
that come with following you,  
for you have given me the best!  
The way you counsel and correct me makes me praise you more,  
for your whispers in the night give me wisdom,  
showing me what to do next.  
Because you are close to me and always available,  
my confidence will never be shaken,  
for I experience your wrap-around presence every moment.  
My heart and soul explode with joy—full of glory!  
Even my body will rest confident and secure.  
For you will not abandon me to the realm of death,  
nor will you allow your Holy One to experience corruption.  
For you bring me a continual revelation of resurrection life,  
the path to the bliss that brings me face-to-face with you.





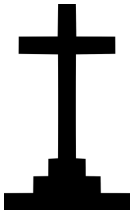
## The Lord's Prayer

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And forgive us our trespasses as we forgive those who trespass  
against us  
And lead us not into temptation  
But deliver us from evil  
For thine is the kingdom  
The power and the glory  
For ever and ever  
Amen

### Prayer prompts:

*Please pray for*

- Please pray for: all those in the frontline of emergency services: the NHS, Police and Fire Officers
- Those in face to face contact, helping with vehicle breakdown and all supporting caring services.
- All counsellors and chaplains



God of compassion,  
be close to those who are ill, afraid or in isolation.  
In their loneliness, be their consolation;  
in their anxiety, be their hope;  
in their darkness, be their light;  
through him who suffered alone on the cross,  
but reigns with you in glory,  
Jesus Christ our Lord.  
Amen



# Thursday

## Philippians 4.8-9

Finally, beloved, whatever is true, whatever is honourable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things. Keep on doing the things that you have learned and received and heard and seen in me, and the God of peace will be with you.

## Verses from Psalm 51

Create in me a pure heart, O God,  
and renew a steadfast spirit within me.  
Do not cast me from your presence  
or take your Holy Spirit from me.  
Restore to me the joy of your salvation  
and grant me a willing spirit, to sustain me.

Grace

## The Lord's Prayer

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**Amen**

### Prayer prompts:

*Please pray for*

- Libraries and museums having to close to the public
- Foodbanks and those supplying Community fridges
- Charities and animal sanctuaries
- Councils and decision-making bodies



Merciful God,  
we entrust to your tender care  
those who are ill or in pain,  
knowing that whenever danger threatens  
your everlasting arms are there to hold them safe.  
Comfort and heal them,  
and restore them to health and strength;  
through Jesus Christ our Lord.  
**Amen**



# Friday

## Verses from Psalm 98

Shout for joy to the LORD, all the earth,  
burst into jubilant song with music;  
make music to the LORD with the harp,  
with the harp and the sound of singing,  
with trumpets and the blast of the ram's horn—  
shout for joy before the LORD, the King.

## Luke 12.22-31

He said to his disciples, 'Therefore I tell you, do not worry about your life, what you will eat, or about your body, what you will wear. For life is more than food, and the body more than clothing. Consider the ravens: they neither sow nor reap, they have neither storehouse nor barn, and yet God feeds them. Of how much more value are you than the birds!

And can any of you by worrying add a single hour to your span of life? If then you are not able to do so small a thing as that, why do you worry about the rest? Consider the lilies, how they grow: they neither toil nor spin; yet I tell you, even Solomon in all his glory was not clothed like one of these. But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the oven, how much more will he clothe you—you of little faith!

And do not keep striving for what you are to eat and what you are to drink, and do not keep worrying. For it is the nations of the world that strive after all these things, and your Father knows that you need them. Instead, strive for his kingdom, and these things will be given to you as well.

## The Lord's Prayer

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For ever and ever  
**Amen**

### Prayer prompts:

*Please pray for*

- Our churches and places of worship responding to the guidelines now in place for meeting.
- All those who have postponed weddings and baptisms
- All those who cannot travel to meet family and friends
- Community groups finding different ways of keeping in touch to support each other

Gracious God,  
give skill, sympathy and resilience  
to all who are caring for the sick,  
and your wisdom to those searching for a cure.  
Strengthen them with your Spirit,  
that through their work many will be restored to health;  
through Jesus Christ our Lord.  
**Amen**





# Saturday

## 1 John 4:13-16

This is how we know that we live in him and he in us: He has given us of his Spirit. And we have seen and testify that the Father has sent his Son to be the Saviour of the world. If anyone acknowledges that Jesus is the Son of God, God lives in them and they in God. And so we know and rely on the love God has for us.

## Verse from Psalm 143

Let the morning bring me word of your unfailing love,  
for I have put my trust in you.  
Show me the way I should go,  
for to you I entrust my life

faith

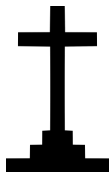
## The Lord's Prayer

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For ever and ever  
Amen

### Prayer prompts:

*Please pray for*

- Local shops, tradespeople and suppliers trying to keep up with demand
- Everyone in education having to negotiate the changes prompted by Covid-19
- Everyone who is ill or fearful or self-isolating
- For ourselves, our families, friends and neighbours



O God,  
help me to trust you,  
help me to know that you are with me,  
help me to believe that nothing can separate me  
from your love  
revealed in Jesus Christ our Lord.  
Amen

